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WHAT IS CLAIMED IS:

1. A feminine hygiene pad that is worn in the crotch portion of an undergarment, said feminine hygiene pad comprising:

a central body fluid absorbent core having a body facing side and an undergarment facing side;

a fluid permeable topsheet overlaid on said body facing side of said central body fluid absorbent core and having a dark color; and

a fluid impermeable backsheet overlaid on said undergarment facing side of said central body fluid absorbent core and placed in register with said fluid permeable topsheet.

- 2. The feminine hygiene pad according to Claim 1, wherein said dark color is black.
- 3. The feminine hygiene pad according to Claim 1, wherein said dark color is brown.
- 4. The feminine hygiene pad according to Claim 1, wherein said dark color is red.

